

CLOTHES: DRESS MADE FROM T-SHIRTS



MATERIALS REQUIRED

T-shirts of different colours and/or prints, scissors, pins, a sewing machine, thread, and a needle.

DEGREE OF DIFFICULTY

High.

APPROXIMATE TIME REQUIRED

3 hours.

LEARNING GOALS

Create a dress by joining T-shirts.

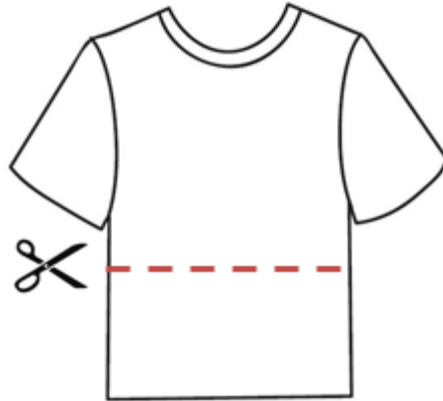
ABILITIES DEVELOPED

Attention, determination, fine handling, accuracy, hand-eye dexterity, creativity.

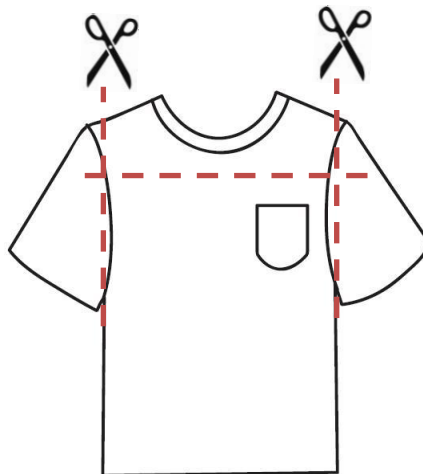


STEP-BY-STEP INSTRUCTIONS

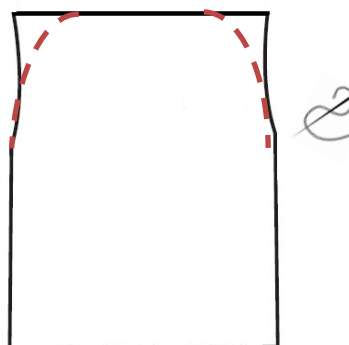
1. Cut the lower part of the T-shirt that is going to become the bodice. Cut it by the waist more or less.



2. Now make the lower part by cutting off the sleeves and the neckline (as shown in the picture) from the other T-shirt.



3. Turn the T-shirt inside out and sew the hole you got when cutting the sleeves. Try sew the forming an arch, this way they will fit better on your hips.



4. Now join the two T-shirts (both inside out) and baste them.

5. Finally, sew the upper part with the lower one and your dress will be ready!





TIPS

Taking this idea as a basis, you can create many different designs like, for example, a long dress made by joining T-shirts of different colours together (a long dress with 3 or 4 strips of different colours). You can also sew the lower part of a shirt to form the skirt, joined to a bodice made from a T-shirt.

Be risky and mix different colours when working with the same type of fabric, cotton T-shirts for example. If you mix different types of fabric, we recommend you to use only shades of the same colour.

